

Introduction To Medical Terminology



Medical Terminology

- ❖ **Medical terminology** refers to the specialized language used by healthcare professionals to describe the human body, its conditions, procedures, and treatments.
- ❖ Understanding medical terminology is essential for clear communication among doctors, nurses, pharmacists, and other healthcare workers.
- ❖ **Medical terminology** consists of a system of words and phrases, often derived from **Latin** or **Greek roots**, that provide precise descriptions of medical concepts.
 - For instance, two different roots may share the same meaning, such as *dermatos* (Greek) and *cutane* (Latin), both referring to the skin.
 - **Greek roots** are used for building up the words that describe a **disease**, condition, treatment, or diagnosis.
 - **Latin roots** are used to build up words that describe **anatomical structures**.



Components of Medical Terms

| Prefix | Root word | Suffix |
|---|--|--|
| Added to the beginning of a root word to modify its meaning | The core of the term , often representing a body part or system | Added to the end of a root word to indicate a procedure, condition, or disease |
| Usually indicates a number, time, position, direction, or negation, absence | All terms have one or more word root | All terms must have a suffix |
| ↓ | ↓ | ↓ |
| Peri- | Cardi- | -itis |
| Pericarditis | | |



Components of Medical Terms

❖ Are all components required to be present in every term?

- All terms must include at least **one root word** and a **suffix**.
- A **prefix** is not always necessary when creating a medical term.

❖ There are 3 basic rules to link between root words and the suffix.

- When adding a suffix to a root word we look at the first letter of the suffix
 - If it was a vowel we link them directly e.g., **Cardi-** + **-itis** = **Carditis**
 - If it was a consonant we add the combining vowel “o” **Cardi** + **pathy** = **Cardiopathy**
- When linking 2 root words we always add the combining vowel “o” between them e.g., **Cardi-** + **Vascul-** + **ar** = **Cardiovascular**
- When adding a prefix to a term, it is linked directly to the root word without adding the combining vowel “o” e.g., **Peri** + **Carditis** = **Pericarditis**



Root word examples

| English | Greek | Latin |
|---------|---------|---------|
| Mouth | Stomat- | Or- |
| Skin | Dermat- | Cutane- |
| Kidney | Nephr- | Ren- |
| Heart | Cardi- | Cardi- |
| Bone | Oste- | Osse- |
| Joint | Arthr- | Chondr- |
| Stomach | Gastr- | - |
| Liver | Hepat- | - |

Note 1: Root word + Combining vowel = Combining form, e.g., **gastr/o**

Note 2: The combining vowel has no meaning of its own



Suffix examples

| Suffix | Meaning | Suffix | Meaning |
|---|-----------------------------|--|--------------------|
| -scope | instrument to view | -algia | Pain |
| -rrhea | excessive flow or discharge | -uria | Urine, urination |
| -stenosis | narrowing, stricture | -emia | blood |
| -rrhexis | rupture | -edema | swelling |
| -toxic | poison | -osis | abnormal condition |
| -pathy | disease | -ectomy | Excision |
| -megaly | enlargment | -itis | inflammation |
| Note 1: All the following suffixes begin with a consonant, therefore a combining vowel must be used between the word root and the suffix | | Note 2: All the following suffixes begin with a vowel, therefore a combining vowel is NOT used between the word root and the suffix | |



Prefix examples

| Prefix | Meaning | Prefix | Meaning | Prefix | Meaning | Prefix | Meaning |
|-----------|---------|---------|---------|---------|------------|---------|-----------|
| Uni; Mono | 1 | Multi- | Many | Epi- | Above | Dys- | Painful |
| Di- & Bi- | 2 | Hemi- | Half | Hypo- | Below; Low | Brady- | Slow |
| Tri- | 3 | Micro- | Small | Hyper- | High | Tachy- | Fast |
| Tetra- | 4 | Macro- | Large | Eu- | Normal | Ab- | Away from |
| Penta- | 5 | Pre- | Before | Homo- | Same | Ad- | Toward |
| Hexa- | 6 | Post- | After | Hetero- | Different | Poly- | A lot |
| Hepta- | 7 | Intra- | Within | Endo- | Inside | Oligo- | Few |
| Octa- | 8 | Inter- | Between | Ecto- | Outside | A-; An- | Not |
| Nona- | 9 | Retro- | Behind | Para- | Beside | Anti- | Against |
| Deca- | 10 | Circum- | Around | Peri- | Around | | |



Changing From Singular To Plural

❖ Formed by adding or substituting another vowel or syllable at the end of a word (i.e. modifying the suffix.)

❖ Examples

- macula**a** → macula**e**
- diagnosis**is** → diagnosis**es**
- appendix**ix** → appendix**es**
- phalan**x** → phalan**ges**
- adenoma**a** → adenoma**tata**
- spermatozo**on** → spermatozo**oa**
- ov**um** → ov**a**
- glomerul**us** → glomerul**i**
- biopsy**y** → biopsy**es**



| Rule | | Example | |
|----------|--------------------------------------|-----------|-------------|
| Singular | Plural | Singular | Plural |
| -a | Retain <i>a</i> and add <i>e</i> . | pleura | pleurae |
| -ax | Drop <i>x</i> and add <i>ces</i> . | thorax | thoraces |
| -en | Drop <i>en</i> and add <i>ina</i> . | lumen | lumina |
| -is | Drop <i>is</i> and add <i>es</i> . | diagnosis | diagnoses |
| -ix | Drop <i>ix</i> and add <i>ices</i> . | appendix | appendices |
| -ex | Drop <i>ex</i> and add <i>ices</i> . | apex | apices |
| -ma | Retain <i>ma</i> and add <i>ta</i> . | carcinoma | carcinomata |
| -on | Drop <i>on</i> and add <i>a</i> . | ganglion | ganglia |
| -um | Drop <i>um</i> and add <i>a</i> . | bacterium | bacteria |
| -us | Drop <i>us</i> and add <i>i</i> . | bronchus | bronchi |
| -y | Drop <i>y</i> and add <i>ies</i> . | deformity | deformities |

Eponyms

- ❖ **Eponyms** are medical terms derived from the name of a person.
- ❖ Many procedures and tests are also named after the person who invented or perfected them.

| Examples of diseases | Examples of body parts | Examples of tools |
|---|---|---|
| <ul style="list-style-type: none">• Addison's disease• Alzheimer's disease• Cushing's syndrome• Parkinson's disease• Stokes-Adam's syndrome | <ul style="list-style-type: none">• Bowman capsules• Wernicke's center or area• Cowper's glands | <ul style="list-style-type: none">• Foley's catheter• Hegar dilators• Hasson's trocar |



Acronyms

❖ **Acronyms** are medical **abbreviations**. They are used very frequently in medicine. They boost efficiency as long as they are used intelligently.

❖ **Examples**

- ACE → (angiotensin converting enzyme)
- ACTH → (adrenocorticotropic hormone)
- AIDS → (acquired immune deficiency syndrome)
- HDL → (high density lipoprotein)
- Hx → (history)
- MI → (myocardial infarction)
- RBC → (red blood cells)
- RBBB → (right bundle branch block)
- TB → (tuberculosis)
- ADH → (anti-diuretic hormone)

